

Type of Professional	Educational Requirements Degrees <i>*UG = undergraduate studies</i>	Credentialing Verification of professional qualifications	Scope Practice competencies & skills	Provider Limitations Boundaries of competencies
For those seeking Performance Psychology self-funded services, external to those which are already provided by the OWIA or Snow Australia, it is recommended that the following educational requirements, credentialing, scope of practice, and provider limitations are considered. If an external provider is preferred, contact <a href="mailto:barbara.meyer@owia.org">barbara.meyer@owia.org</a> for assistance in identifying a qualified and competent resource.				
Certified Mental Performance Consultant (CMPC)   Internal Providers: <i>Barbara Meyer &amp; Stacy Gnacinski</i>	4 yr UG + masters &/or PhD + supervised practicum	Certification	Evidence-based, sport-specific assessment & intervention aimed at optimized performance	Professional boundaries of competency include clinical mental health concerns, which require referral to Registered or Clinical Psychologist
Registered or Clinical Psychologist in Australia   Internal Providers: <i>Resources: AIS Mental Health Referral Network</i>	<ol style="list-style-type: none"> <li>4 yr UG + 2 yr supervised practicum</li> <li>4 yr UG + 1 yr masters + 1 yr supervised practicum</li> <li>4 yr UG + 2 yr masters + 2 yr supervised practicum</li> <li>4 yr UG + 4 yr combined masters/PhD + 1.5 yrs supervised practicum</li> <li>4 yr UG + 3-4 yr professional doctorate + 1yr supervised practicum</li> </ol>	Registration <ul style="list-style-type: none"> <li>Registered Psychologist (generalist)</li> <li>Clinical Psychologist (specialty such as Adolescent, Sport, etc.)</li> </ul>	Evidence-based assessment & intervention/treatment of mental health disorders; general wellbeing support	No professional boundaries of competency  May be minimal sport application &/or integration opportunity within the DTE
Psychiatrist   Internal Providers: <i>AIS Mental Health Referral Network</i>	4-6 yr medical degree + 1 yr internship + 5 yr or more specialist training in psychiatry	Licensure & Registration	Medical doctor trained to diagnose, treat, & prevent mental health disorders. Uses treatment approaches including psychotherapy & psychopharmacology	No professional boundaries of competency  May be minimal sport application &/or integration opportunity within the DTE
For those seeking Wellbeing and Engagement self-funded services, external to those which are already provided by the OWIA or Snow Australia, it is recommended that the following educational requirements, credentialing, scope of practice, and provider limitations are considered. If an external provider is preferred, contact <a href="mailto:alana.rybicki@owia.org">alana.rybicki@owia.org</a> or <a href="mailto:ageiger@snow.org.au">ageiger@snow.org.au</a> for assistance in identifying a qualified and competent resource.				
Wellbeing & Engagement Officer or Performance Lifestyle Advisor   Internal Providers: <i>Alana Rybicki &amp; Annie Geiger</i>	Relevant tertiary qualifications UG in psychology, education, counseling, career development, sport management  Certificates in career development, training & assessment	Membership, Career Industry Council of Australia (CICA)	Enhance the overall wellbeing & development of athletes, coaches, & staff, with a focus on 5 key areas: thriving, career & education, community engagement, personal development, professional behaviors	Professional boundaries of competency include clinical mental health or mental performance-specific concerns, which require referral to a Registered/Clinical Psychologist or certified mental performance consultant
Counsellor	<ol style="list-style-type: none"> <li>1 yr diploma of counselling</li> <li>3 yr UG in counselling Graduate diploma or masters degree</li> </ol>	Registration through Australian Counselling Association	Exploration of thoughts & behaviors; support of wellbeing & self-management	Professional boundaries of competency include mental health plans, diagnosis, and treatment
As it relates to the professional delivery of Performance Psychology and/or Wellbeing and Engagement services, the roles listed below should be approached with caution due to the lack of professional organization oversight, credentialing, and clearly designated boundaries of competency.				
Mindset Coach, Life Coach, Breath Hold Trainer, etc.	None	Some fields recommend certification	Unknown	No professional organization oversight regarding boundaries of competency
Mentor	None	None	Not a profession with stated competencies. Mentors typically share knowledge or lived experiences	

